Over the past 6 months, PEP has reached out to a variety of stakeholders to learn how we can more effectively reach, and meet the needs of, today’s parents. We have talked with schools, community and business partners, and parents, as well as PEP parent educators and volunteers. We are excited to build on our 38-year tradition of providing transformative parenting education directly to parents with a new line of services tailored especially to organizations – schools, employers, nonprofits, and others!

If you are a parent, this brochure lists a partial schedule of PEP’s award-winning programs for fall 2019. Both in-person and online programs are offered. Check out our website at PEPparent.org for continuing updates.

If you are part of an organization that engages parents, we are offering a new line of services especially for you. We already have a successful track-record of providing one-time talks to community groups – now we are going a step further to bring our complete parenting program (both online and in-person) to institutions and the parents they serve. It’s part of our continuing effort to meet parents where they are!

If you are part of a school, company, or organization with parents who could benefit from PEP’s impactful parenting programs, give us a call at 301.929.8824 or email us at office@PEPparent.org.

Register Early and Save!
Discount of 20% for individuals and 10% for couples on all in-person classes.
Available through Tuesday, September 24, 2019.
Use discount codes indicated for each class.
www.PEPparent.org
IF YOUR CHILD IS BETWEEN 2½ AND 5  
**Parenting Preschoolers**  
Struggling? This is the definitive class to help you nurture a cooperative, happy relationship with your child. Understand your child's temperament and how to positively handle common challenges, such as eating and sleeping issues and temper tantrums.  
Text: $10.80 - available at first class.  
$279 person • $498 couple • early registration code: EARLYPRESCHOOL  
**WEEKLY CLASSES (8 WEEKS)**  
Tues, Oct 15–Dec 3 | 7:30–9:30pm | Kensington

FREE WORKSHOP  
**Why Don’t My Kids Listen to Me?**  
Sat, Sept 21 | 3–4:30pm | Kensington  
Registration required

FOR ALL PARENTS  
**PEP III: Parenting in Perspective**  
Prerequisite: More Tools for Parenting Preschoolers, PEP I, or Thriving With Teens  
Apply the concepts you’ve learned in your PEP parenting classes to your whole life. You will gain insight into yourself, your values, and your relationships—with the adults in your life as well as with your children.  
$279 person • $498 couple • early registration code: EARLYPEPTHREE  
**WEEKLY CLASSES (8 WEEKS)**  
Thurs, Sept 19–Nov 7 | 7:30–9:30pm | Kensington

Managing Anger: A Parent’s Guide  
Examine the real reasons parents get angry (some may surprise you) and learn how to change your thoughts, words, and actions for more positive outcomes. Learn ways to help your kids cope with their anger, too.  
$98 person • $175 couple • early registration code: EARLYANGER  
**WEEKLY CLASSES (3 WEEKS)**  
Thurs, Nov 14–Dec 5 | skip 11/28 | 7:30–9:30pm | Kensington

IN-Person COURSES

PEP IN-PERSON COURSES

ONLINE WEBINARS
9–10pm Eastern time. $25 each

Stop the Yelling, Start the Cooperation  
for all parents  
Tue, Sept 10

Really Helping with Homework  
for parents of school age children  
Tues, Sept 24

Emotion Coaching  
for parents of 2- to 12-year-olds  
Mon, Oct 7

No More Morning Mayhem  
for all parents  
Wed, Oct 23

Raising an Only Child  
for all parents  
Tues, Nov 5

Handling Temper Tantrums  
for parents of toddlers and preschoolers  
Wed, Nov 20

NOTED PARENTING AUTHOR SERIES
speakers and dates coming soon - check website for details

4-WEEK ONLINE CLASSES

**Winners of a prestigious Telly Award in 2019**  
Offered in September, October, and November, starting on the first Saturday. Each include weekly video lessons, handouts and exercises to try at home, a discussion board, and weekly online Q&A sessions with a PEP class leader. $99 for a 4-week course

Encouragement! Build Your Child’s Confidence from the Inside Out  
Encouragement is the KEY ingredient that makes all other parent-ent strategies work. You’ll learn encouragement strategies and techniques that will make family life run more smoothly and make your child become more resilient, independent, and cooperative.

Redefining Discipline: A No Gimmicks Guide to Raising Responsible and Respectful Kids  
Are you searching for new ideas to end the cycle of arguing, negotiating, punishing, or promising rewards? This class will give you tools to create harmony, cooperation and connection in your family.